

FORT BEND INDEPENDENT SCHOOL DISTRICT
Parent-Physician Permit to Administer Medication at School

Student _____ Grade _____ DOB _____

Teacher (for elementary use) _____ Allergies _____

Medication _____	Strength _____	Dose _____
Frequency _____	As needed _____	or Scheduled time: _____
Start date to be given: _____	End date to be given: _____	(Valid for current school year only)
Number of pills or tablets _____	Expiration date of medication _____	
Reason student is receiving medication: _____		
Possible reactions or restrictions: _____		

I give permission for Fort Bend ISD personnel to give the above medication. The school nurse has my permission to consult Dr. _____ with questions regarding this medication. The physician's signature is required in the following circumstances: the medication is to be given for more than 15 days, the medication is for life-threatening conditions or at the school nurse's discretion.

Parent/Guardian Signature _____ Date _____

Home Phone # _____ Daytime phone # _____

Comments: _____

Physician's Name (Print) _____ Telephone # _____ Fax # _____

Physician's signature (if required) _____ Date _____

Fort Bend ISD School Health Services

Medication Guidelines

General Requirements:

- Medication must be provided by the parent or legal guardian of the student. Fort Bend ISD will not provide medication for students.
- Designated and trained school personnel will only administer prescription medication from a US pharmacy and labeled in English.
- No injectable medications, other than for life threatening conditions such as diabetes or anaphylaxis, will be administered at school.
- Over the counter medications must have FDA approval. Vitamins, homeopathic remedies, and herbal substances (including but not limited to essential oils and aroma therapy) will not be given.
- To decrease interruptions to instructional time, medications with dosing schedules of once or twice a day should be given at home.
- When "daily" medication is brought to the clinic, please anticipate when a new supply should be delivered to avoid missed doses.
- If your student is going to be taking medication on a scheduled basis in the clinic, please help your student understand why it is important to report to the clinic at the designated time every day.

Students may not carry any medication with them. Those who may require self-administration of emergency medications, for life threatening conditions, must complete the *Parent-Physician Permit to Carry Asthma and Anaphylaxis Emergency Medication* form and follow appropriate procedures. The clinic should have a second supply of this emergency medication.

Delivery and pick up of medications:

- Medications must be delivered to clinic staff by parent or designated adult.
- Medications delivered will be counted by the clinic staff and the quantity confirmed with the parent or designated adult.
- Only a parent or designated adult may pick up medications.
- Medications should be picked up within two weeks after the course of treatment is complete or it may be destroyed.
- Medication not picked up by the last day of school will be destroyed.

Written Authorization for medication administration:

- All medications must be accompanied by written parent or guardian request for administration
- Medication authorization form must be completed each school year.
- The "Parent-Physician Permit to Administer Medication at School" form is on Fortshare and the district website in the school health services section. Electronically submitted requests may be accepted.
- The request must include:
 - ♦the date ♦student's name ♦name of medication ♦dosage
 - ♦reason for medication use ♦dates to be given ♦parent signature
- Physician authorization is required for all prescription medications, over the counter medications administered more than 15 school days or at the administering nurses' discretion.
- The authorization is valid for the current school year and must be renewed each school year.
- This authorization must be signed by a physician licensed to practice in Texas. Orders from out of state physicians are effective for only 30 days.
- When the medication dosage changes, a new physician order is needed. Old orders should be followed until physician authorization or a new labeled bottle is provided.

Prescription Medications:

- All prescription medication must be in the original pharmacy container and labeled by a pharmacist licensed to practice in the U.S.
- Inhalers must include the labeled box or a pharmacy label attached to the inhaler.
- Sample prescription drugs dispensed through a physician office must be in the original container or package and accompanied with a written physician order.
- If a prescription medication needs to be taken both at home and school, the parent should ask the pharmacist to provide a second labeled container that can be left at school.
- When the medication dosage changes, a new physician order is needed. Old orders should be followed until physician authorization or a new labeled bottle is provided. Parents should provide a new labeled bottle for prescription medications with current dosage as soon as possible.
- The pharmacy label should include:
 - ♦Student's name ♦Physician's name ♦Name of Medication
 - ♦Date filled ♦Dosage to be given ♦Frequency of doses

Over the Counter Medications:

- Over the counter medication must be in the original container and include the dosing instructions.
- Label instructions must be followed for dosing.
- Use of any medication for off label use must have written physician authorization.
- Expiration date of the medication must be visible. Expired medications will not be given.
- Parents should provide no more than 15 doses of prn medication in small containers since locked storage space is limited.

Governing Principles:

When home administration of medication is not possible, authorized Fort Bend ISD staff may assist in the administration of medications to students during school hours in accordance with these guidelines and Board policy. School nurses will act in compliance with the Nurse Practice Act (NPA) at all times and will not administer medication in a manner that conflicts with their professional duties and expectations under the NPA or Fort Bend ISD policies and procedures. Nurses need to know the rationale for and effects of medications and treatments. Board of Nursing Rule 217.11 states "The RN or LVN is obligated to administer only those medications and treatments of which he/she is knowledgeable and for which there is a body of supporting research literature and reference." The parent or guardian signature on the *Parent-Physician Permit to Administer Medication at School* form allows the school nurse to consult with the child's physician with questions concerning the medication.

References:

Texas Board of Nursing- Nurse Practice Act 301.002; Standards of Professional Nursing Practice 217.11 (5) (6); Position Statement 15.13;

Texas Administrative Code (TAC) 22TAC 217.11; 225.13 and 224.6

Fort Bend ISD Board Policy FFAC (local) and FFAC (Legal)

Texas Department of State Health Services (DSHS) Guide to School Health Programs

Texas Occupations Code and Rules Regulating the Practice of Nursing Effective September, 2011